



**Programme of Short Courses and Interest Groups
August 2026 - December 2026**

Website: <http://www.u3ajoburgeast.co.za>

Join us face-to-face or online

**We welcome new courses or activities as we find facilitators who are willing
to share their expertise, hobbies and interests.**

Course	Details	Coordinator/facilitator
Death Café The U3A Joburg East Death Café is registered with the International Death Café Organisation. This is not a counselling or bereavement support group.	This group provides an opportunity to talk about death - the impact it has on how we live and the choices we make that enable us to live life more fully.	Last Monday of each month at 10h30 Rotary Hall, Randjes Est. For more information, please contact Coral 083 450 9148 coralwilder@gmail.com
Computer workshops	Andrew and his team run computer workshops for U3A on Zoom. Members from Joburg East are welcome to join them on-line.	For dates and times or to book please mail Andrew andrewpearce@global.co.za Presenters: Simon Griffith, Robin Phillips and Andrew Pearce
Plato for Everyday Living No previous experience of Plato is necessary.	We read Plato's dialogues in translation, discuss and interact throughout. Application of Plato's teachings to our own lives features strongly.	For dates, times, venue or to book please call or mail Andrew Domanski 011 646-6566 domanski.andrew22@gmail.com

Opera Appreciation Group The first performance will be Bizet's Carmen produced by Metropolitan Opera. Conducted by Yannick Nezet-Sequin starring Elina Garanca and Roberto Alagna on the 4th of September.	The late Stanley Peskin used to present an opera every Monday afternoon. We have obtained his DVDs and are going to continue this tradition on the first Friday of every month. The opera will be projected on a 3 m by 2 m screen in full surround sound. Each time, the opera will be introduced. There will be a discussion afterwards.	The first Friday of every month at 10:30 St George's Village Lounge 2 Economides Road Bedfordview For more information, please contact Ian Smith at 0836771778. iansmith1939@gmail.com
Plutarch Study Group	Plutarch, a Greek, was the foremost biographer of the ancient world.	For dates, times, and venue, or to book please call or mail Andrew Domanski 011 646-6566 or mail domanski.andrew22@gmail.com
The History of Philosophy	This semester we will look at developments in philosophy in recent times.	Every second Friday, 10:30 till 12:00, at Randjes Estate or via Zoom. Next meeting 14 August, then 28 Aug, etc. For more info contact Mary 083-473-0219 maryhazelton@gmail.com

Book Chat	Monthly informal, relaxed and flexible discussions on books you would like to explore and share. Max 8 participants.	For more information contact Libby 082 878-1549 or hugs2@iafrica.com Fully booked; taking names on the waiting list.
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